

# VIRTUAL AUTISM SUPPORT HUB

Recent events have rightly had a huge impact on the way we deliver our services. However, we are committed to supporting our families across the North-east in these uncertain times.

### ZOOM WEBINARS

Places are limited and must be prebooked by emailing kerrie.highcock@ne-as.org.uk or calling 0191 410 9974.

Introduction to Autism (part 1)

1-2pm

17.09.20 01.10.20 22.10.20 05.11.20 26.11.20 10.12.20

Introduction to Autism (part 2)

1-2pm 24.09.20 8.10.20 29.10.20 19.11.20

03.12.20 17.12.20

#### Emotional Wellbeing (part 1)

1-2pm

18.09.20
02.10.20
30.10.20
20.11.20
04.12.20



#### Emotional Wellbeing (part 2)

1-2pm

25.09.20 23.10.20 6.11.20 27.11.20 11.12.20

> north east autism society

## VIRTUAL SUPPORT GROUP

This is a friendly, informal group where parents, carers and family members are welcome to join to receive support from our team and to meet others. Places are limited and must be prebooked by emailing kerrie.highcock@ne-as.org.uk or calling 0191 410 9974.

September

1-2pm

October

16th, 23rd and 30th 1-2pm

7th, 21st and 28th

November

1-2pm

4th, 11th, 18th and 25th

December

1-2pm

2nd, 9th, and 16th

# LIVE Q 8 A SESSIONS

Kerrie will be going live each week on our Facebook page\* to answer your questions on different topics.

September

10am

15th, 22nd and 29th

October

10am

20th and 27th

November

10am

3rd, 10th, 17th and 24th

December

10am

1st, 8th and 15th

\*Or watch later over on our Youtube channel

#### TELEPHONE AND EMAIL SUPPORT



Family Development support line 0191 410 9974 ext 2024

Family Development text support 07825 585 313



Our Family Development team will be on hand Monday to Friday 9-5 to offer free advice, resources and to signpost.

### ONLINE SUPPORT



Our new family resources website www.ne-as.org.uk/familyresources

North East Autism Society Family Networking group.



Please ensure you answer the three questions when requesting to join. www.facebook.com/groups/1 483035648575995/