



Redcar and Cleveland Short Breaks Self-Referral Clubs Offer 6th April 2020 – 11th April 2021

Version 1 - 27/02/2020

Transport	<p>For the majority of clubs, parents/carers are required to take children to and from the sessions. Where a club does provide transport, this will be stated.</p> <p>If a child or young person would be unable to attend a club due to lack of transport, the Local Authority may be able to provide support with this. Each case will be assessed on an individual basis. Families should discuss needs with the club in the first instance.</p>
Sibling Offer	<p>The majority of clubs will provide regular or dedicated sessions where siblings, who do not have a disability and are of a similar age can also attend the clubs. Please contact individual clubs about their sibling offer.</p>

Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
Sport Works	Fun activities including team games, arts and crafts, swimming, soft play and dancing. Children will have an opportunity to have a mixture of individual and group activities.	5 – 11	Monday 4:30pm – 6:30pm	Saltburn Leisure Centre	Children and young people with additional needs 1:3/1:4 staffing	£1.00	Ellie, Lead Coach 07377531950 ellie@sportworksltd.co.uk Facebook Sportworks 4 Parents



Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
Sport Works	Fun activities including team games, arts and crafts, swimming, soft play and dancing. Young People will have an opportunity to have a mixture of individual and group activities.	12 – 17	Mondays 4:30pm – 6:30pm	Saltburn Leisure Centre	Children and young people with additional needs 1:3/1:4 staffing	£1.00	Ellie, Lead Coach 07377531950 ellie@sportworksltd.co.uk Facebook Sportworks 4 Parents
RCBCs Join Us 1 to 1	Club opens 20/04/20 Sessions for children and young people that require 1 to 1 support. Activities include arts & crafts, games, music making, lego, x-box and computers, outdoor games, cooking, sensory play, visits to areas in the local community and small group opportunities to socialise with friends .	5 – 17	Mondays 4:30pm – 7:30pm	25K Youth and Community Centre, Ayton Drive, Redcar	Children and young people with additional needs that require 1:1 staffing	50p	Nicola Clynch 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513689 Nicola.clynch@redcar-cleveland.gov.uk

Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
RCBCs Join Us Plus	A youth group session for young people aged 13+ that are able to manage in larger groups. Activities include arts & crafts, sports, team/group games, xbox/Wii, outdoor games, pool, music making, cooking and opportunities to socialise with friends.	13 years +	Tuesdays and Fridays 6:00pm – 8:00pm	25K Youth and Community Centre, Ayton Drive, Redcar	Children and young people with additional needs 1:3/1:4 staffing	50p	Terry Colley 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513696 Terry.colley@redcar- cleveland.gov.uk
MAIN	The group will be tailored to those attending. Activities may include sporting activities, cooking, role play, arts and crafts. A variety of healthy snacks and drinks will be provided.	5 – 11	Tuesdays 4:15pm – 6:15pm	Prior Pursglove, Guisborough	Children and young people with additional needs 1:3/1:4 staffing	£3.00	Katherine Palmer serviceteam@iammain.org.uk
MAIN	One session will be based in the centre, the following week young people will have the opportunity to visit the community. Visits could include flowrider, museums, holey moleys, wet and wild. A variety of healthy snacks and drinks will be provided.	12 – 17	Tuesdays 6:30pm – 8:30pm	Prior Pursglove, Guisborough	Children and young people with additional needs 1:3/1:4 staffing	£3.00	Katherine Palmer serviceteam@iammain.org.uk

Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
RCBCs Join Us 1 to 1	Club opens 22/04/20 Sessions for children and young people that require 1 to 1 support. Activities include arts & crafts, games, music making, lego, x-box and computers, outdoor games, cooking, sensory play, visits to areas in the local community and small group opportunities to socialise with friends.	5 – 17	Wednesdays 4:30pm – 7:30pm	Guisborough Youth Centre, Laurence Jackson School Site, Guisborough	Children and young people with additional needs that require 1:1 staffing	50p	Nicola Clynch 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513689 Nicola.clynch@redcar- cleveland.gov.uk
RCBCs Join Us 1 to 1	Club opens 23/04/20 Sessions for children and young people that require 1 to 1 support. Activities include arts & crafts, games, music making, lego, x-box and computers, outdoor games, cooking, sensory play, visits to areas in the local community and small group opportunities to socialise with friends .	5 – 17	Thursdays 4:30pm – 7:30pm	California Youth Centre, Guisborough Street, Eston	Children and young people with additional needs that require 1:1 staffing	50p	Nicola Clynch 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513689 Nicola.clynch@redcar- cleveland.gov.uk

Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
Join Us	A youth group session for young people aged 10-16 years that are able to manage in medium sized groups. Activities include arts & crafts, sports, team/group games, xbox/Wii, outdoor games, pool, music making, cooking and opportunities to socialise with friends.	10 – 16	Thursdays 4:30pm – 6:30pm	25K Youth and Community Centre, Ayton Drive, Redcar	Children and young people with additional needs 1:3/1:4 staffing	50p	Terry Colley 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513696 Terry.colley@redcar-cleveland.gov.uk
Sport Works	Fun activities including team games, arts and crafts, swimming, soft play and dancing. Children will have an opportunity to have a mixture of individual and group activities.	5 – 11	Thursdays 4:30pm – 6:30pm	Eston Leisure Centre	Children and young people with additional needs 1:3/1:4 staffing	£1.00	Ellie, Lead Coach 07377531950 ellie@sportworksLtd.co.uk Facebook Sportworks 4 Parents
Sport Works	Fun activities including team games, arts and crafts, swimming, soft play and dancing. Young People will have an opportunity to have a mixture of individual and group activities.	12 – 17	Thursday 4:30pm – 6:30pm	Eston Leisure Centre	Children and young people with additional needs 1:3/1:4 staffing	£1.00	Ellie, Lead Coach 07377531950 ellie@sportworksLtd.co.uk Facebook Sportworks 4 Parents

Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
MAIN Friday Youth Group	Trial provision until July 2020 Children and young people with have access to arts and crafts, outdoor play or accredited independent living skills. Tuck shop available.	5 – 17	Friday 5:00pm - 7:00pm	The MAIN Centre, Riverside Park, Middlesbrough	Children and young people with additional needs 1:3/1:4 staffing	Free	Katherine Palmer serviceteam@iammain.org.uk
The Junction Engage	Engage activities will help children develop their social confidence, group engagement and have fun. After an initial programme of activities and team building Children will help pick the activities they would like to do such as arts and crafts, sports and exercise, cooking. A snack and refreshments will be provided.	5 – 11	Saturdays 10.00am – 1:00pm	Lingdale Youth Centre	Children and young people with additional needs 1:3/1:4 staffing	Free	Eileen Cowle Referrals@thejunctionfoundation.com 01642 756000

Term Time Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
The Junction Connect	Engage will work on personal and social development based on young people's needs and interests. The activities will help young people develop their confidence and independence. Young people will be involved in decision making around activities they would like to do such as arts and crafts, sports and exercise, cooking or projects they would like to work on. A snack and refreshments will be provided.	12 – 17	Saturday 10.00am to 1:00pm	Lingdale Youth Centre	Children and young people with additional needs 1:3/1:4 staffing	Free	Eileen Cowle Referrals@thejunctionfoundation.com 01642 756000
MAIN	Trial provision until July 2020 Children will have access to soft play, arts and crafts, sensory play, cooking and outdoor play. From time to time there will also be guest visits to the club including Victorian Sweetie Maker, Falconry, The Bubble Man. Tuck shop available.	5 – 11	Saturday 10:00am – 12:00noon	The MAIN Centre, Riverside Park, Middlesbrough	Children and young people with additional needs 1:3/1:4 staffing	Free	Katherine Palmer serviceteam@iammain.org.uk

Holiday Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
MAIN	The group will be tailored to those attending. Activities may include sporting activities, cooking, role play, arts and crafts. A variety of healthy snacks and drinks will be provided. Packed Lunch needs to be provided.	5 – 11	Families can book 1 session per week. Sessions are available Monday to Thursday 10:00am – 2:00pm	The MAIN Centre, Riverside Park, Middlesbrough	Children and young people with additional needs 1:3/1:4 staffing	Free	Katherine Palmer serviceteam@iammain.org.uk
MAIN Holiday Tweens and Teens	Young people will develop independence while being supported by Main's staff and will be encouraged to plan activities which includes cost, transportation, times and bookings. Guest will be scheduled to attend sessions such as police, guide dogs, park rangers, fire brigade. Every session will include an excursion. A packed lunch is required. Tuck shop available.	12 – 17	Mondays 10:00am – 4:00pm	The MAIN Centre, Riverside Park, Middlesbrough	Children and young people with additional needs 1:3/1:4 staffing	Free	Katherine Palmer serviceteam@iammain.org.uk

Holiday Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
MAIN	A variety of healthy snacks and drinks will be provided. Packed Lunch needs to be provided. The group will be tailored to those attending. Activities may include sporting activities, cooking, role play, arts and crafts. Transport is provided	5 – 11	Tuesdays 9:00am – 2:00pm	Prior Pursglove, Guisborough	Children and young people with additional needs 1:3/1:4 staffing	£3.00	Katherine Palmer serviceteam@iammain.org.uk
MAIN	Young people will alternate between accessing the centre and the community. Visits may include swimming, flowrider, visits to museums, owl sanctuary. Transport is provided	12 – 17	Tuesdays 11:30am – 4:30pm	Prior Pursglove, Guisborough	Children and young people with additional needs 1:3/1:4 staffing	£3.00	Katherine Palmer serviceteam@iammain.org.uk

Holiday Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
RCBCs Join Us 1 to 1 Holiday	Club opens for the May School Holidays. Sessions for children and young people that require 1 to 1 support. Activities include arts & crafts, games, music making, lego, x-box and computers, outdoor games, cooking, sensory play, visits to areas in the local community and small group opportunities to socialise with friends .	5 – 17	Wednesday 10:00am – 2:00pm	California Youth Centre, Guisborough Street, Eston	Children and young people with additional needs that require 1:1 staffing	£5.00	Nicola Clynch 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513689 Nicola.clynch@redcar- cleveland.gov.uk
RCBCs Join Us Holiday	Club opens for the May School Holidays. The current Play Scheme provision will run over Easter 2020. Activities for young people aged 5-17 years that include arts & crafts, sports, team/group games, xbox/Wii, outdoor games, pool, music making, cooking, sensory play, hair & nails, going out in the local community and opportunities to socialise with friends.	5 - 17	Wednesdays 10:00am – 3:00pm	Guisborough Youth Centre, Laurence Jackson School Site, Guisborough	Children and young people with additional needs 1:3/1:4 staffing	£5.00	Terry Colley 25K Youth and Community Centre, Ayton Drive, Redcar. 01642 513696 Terry.colley@redcar- cleveland.gov.uk

Holiday Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
RCBCs Join Us Holiday	<p>Club opens for the May School Holidays. The current Play Scheme provision will run over Easter 2020.</p> <p>Activities for young people aged 5-17 years that include arts & crafts, sports, team/group games, xbox/Wii, outdoor games, pool, music making, cooking, sensory play, hair & nails, going out in the local community and opportunities to socialise with friends.</p>	5 – 17	Thursdays 10:00am – 3:00pm	Loftus Youth and Community Centre, Duncan Place, Loftus	Children and young people with additional needs 1:3/1:4 staffing	£5.00	<p>Terry Colley 25K Youth and Community Centre, Ayton Drive, Redcar.</p> <p>01642 513696</p> <p>Terry.colley@redcar-cleveland.gov.uk</p>
RCBCs Join Us 1 to 1 Holiday	<p>Sessions for children and young people that require 1 to 1 support. Activities include arts & crafts, games, music making, lego, x-box and computers, outdoor games, cooking, sensory play, visits to areas in the local community and small group opportunities to socialise with friends .</p>	5 – 17	Thursdays 10:00am – 2:00pm	Guisborough Youth Centre, Laurence Jackson School Site, Guisborough	Children and young people with additional needs that require 1:1 staffing	£5.00	<p>Nicola Clynch 25K Youth and Community Centre, Ayton Drive, Redcar.</p> <p>01642 513689</p> <p>Nicola.clynch@redcar-cleveland.gov.uk</p>

Holiday Clubs							
Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
Sport Works	Fun activities including team games, arts and crafts, swimming, soft play and dancing. Children will have an opportunity to have a mixture of individual and group activities.	5 – 11	Thursdays 10:00am – 3:00pm	Eston Leisure Centre	Children and young people with additional needs 1:3/1:4 staffing	£5.00	Ellie, Lead Coach 07377531950 ellie@sportworksltd.co.uk Facebook Sportworks 4 Parents
Sport Works	Fun activities including team games, arts and crafts, swimming, soft play and dancing. Young people will have an opportunity to have a mixture of individual and group activities.	12 – 17	Thursdays 10:00am – 3:00pm	Eston Leisure Centre	Children and young people with additional needs 1:3/1:4 staffing	£5.00	Ellie, Lead Coach 07377531950 ellie@sportworksltd.co.uk Facebook Sportworks 4 Parents

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Club	Description	Age range	Days and Times	Venue	Eligibility	Cost	Contact Details for Bookings
RCBCs Join Us Holiday	<p>Club opens for the May School Holidays. The current Play Scheme provision will run over Easter 2020.</p> <p>Activities for young people aged 5-17 years that include arts & crafts, sports, team/group games, xbox/Wii, outdoor games, pool, music making, cooking, sensory play, hair & nails, going out in the local community and opportunities to socialise with friends.</p>	5 – 17	Fridays 10:00am – 3:00pm	25K Youth and Community Centre, Ayton Drive, Redcar	Children and young people with additional needs 1:3/1:4 staffing	£5.00	<p>Terry Colley 25K Youth and Community Centre, Ayton Drive, Redcar.</p> <p>01642 513696</p> <p>Terry.colley@redcar-cleveland.gov.uk</p>
RCBCs Join Us 1 to 1 Holiday	<p>Club opens for the May School Holidays.</p> <p>Sessions for children and young people that require 1 to 1 support. Activities include arts & crafts, games, music making, lego, x-box and computers, outdoor games, cooking, sensory play, visits to areas in the local community and small group opportunities to socialise with friends .</p>	5 – 17	Fridays 10:00am – 2:00pm	Tuned-In, Majuba Road, Redcar	Children and young people with additional needs that require 1:1 staffing	£5.00	<p>Nicola Clynch 25K Youth and Community Centre, Ayton Drive, Redcar.</p> <p>01642 513689</p> <p>Nicola.clynch@redcar-cleveland.gov.uk</p>

The following organisations offer clubs, groups and activities for children and young people with additional needs

Please note these clubs and groups are not funded or quality assured by Redcar and Cleveland Borough Council, more provision is advertised on RCBCs SEND Local Offer www.peoplesinonet.org.uk

Organisation	Description	Age range	Locality of groups	Contact details
Circles of Life Community Interest Company	<p>Circles of Life CiC is a learning disability day service based in Redcar.</p> <p>FRIENDS monthly disco Supervised monthly disco held in the private function room in O'Gradys, Redcar. 6:00pm – 9:00pm, £5 and includes a buffet.</p> <p>Coffee and Therapy Café The café was opened especially for people with any form of illness, depression, mental health issues, learning disabilities, dementia, the list goes on. Life sometimes throws us a hard ball, the stress, worry and the cause can play havoc with your mind and body. Our little place of calm is a soothing environment, where you can come and relax with our friendly cats and have a cuppa. Booking is necessary as we close to the public. Wheelchair access is available.</p>	<p>18 years +</p> <p>Families welcome, please ring to discuss</p>	Redcar	<p>Facebook – Circles of Life Community Interest Company</p> <p>Circlesoflifecic@gmail.com</p> <p>07760343394</p>
MAIN	<p>MAIN was established in 2002 as an after-school service for children with autism in Middlesbrough. We now provide services for children and adults, with a range of disabilities, throughout the North East.</p> <p>We offer a number of clubs and groups:</p> <ul style="list-style-type: none"> • Soft Play and Swim 5 – 12 years • Sound of MAIN 5 – 18 years • Adventurers Group 8 – 12 years • Tweens and Teens 11 – 18 years • SportMAINia 11 – 18 years • Come Dine with Main 13+ years • Inbetweeners 18 – 25 years • Adult Group 25+ years 	5 – Adult	<p>The Main Centre, 16 High Force Road, Riverside Park, Middlesbrough TS2 1RH</p> <p>Surrounding Local Community</p>	<p>Telephone 01642 608012</p> <p>Email serviceteam@iammain.org.uk</p>

The following organisations offer clubs, groups and activities for children and young people with additional needs

Please note these clubs and groups are not funded or quality assured by Redcar and Cleveland Borough Council, more provision is advertised on RCBCs SEND Local Offer www.peoplesinfontet.org.uk

Organisation	Description	Age range	Locality of groups	Contact details
The Grenfell Club	<p>The Grenfell club provides leisure and social activities to adults and children with physical and learning disabilities in a purpose built community centre.</p> <p>We have a multisensory room, games room, coffee bar and fully accessible toilets with adult changing facilities. We provide activities and workshops which are fun and fully inclusive. Our members also run a cafe on Saturday morning.</p> <ul style="list-style-type: none"> • Mondays, Tuesdays and Fridays 6:00pm – 9:00pm age 18+ • Wednesdays 6:00pm – 8:00pm age 5 – 13 years • Thursdays 6:00pm – 8:00pm age 13 – 18 years 	5 – adult	Grant Street Redcar TS10 1AD	01642 471747 Facebook.com/grenfellclub www.grenfellclub.org info@grenfellclub.org

Support and Useful Information		
Service	Description	Contact Details
Short Breaks Social Worker Referral Services	<p>Sometimes a child or young person may have more significant or complex needs due to their disability and/or family circumstances and will need more specialist support. The level of support needed will be identified by a Social Worker Assessment and may include a mixture of specialist provision such as a personal assistant, respite care or group provision. These services will be commissioned specifically for the child's needs or alternatively a family may choose to take a Direct Payment to arrange the services themselves.</p> <p>Your Social Worker will be able to discuss these services with you. If you do not have a social worker but feel you need more support please contact:</p> <ul style="list-style-type: none"> • If caring for someone aged 0 – 17 years contact our Children's Hub (details below) • If caring for someone aged 18 years + please contact our Single Point of Access (details below) 	
Children's Hub	The Multi Agency Children's Hub is the first point of contact for anyone who has a concern about the welfare or safety of a child or young person or thinks they may need extra help and support.	01642 130700
Single Point of Access	The Single Point of Access is the first point of contact for anyone who has a concern about the welfare or safety of vulnerable person or thinks they may need extra help and support.	01642 065070
Family Information Service	The Families' Information Service (FIS) is a universal service; it provides a Freephone helpline to all families in Redcar and Cleveland looking for services for their children. As well as the helpline, the FIS team maintains the People's Information Network (PIN) this is a website providing information about activities and events available to families across the Borough including the Local Offer.	0800 073 8800 www.peoplesinfonet.org.uk

Parent/Carer Forum	The way parent carers work with professionals is by forming groups called parent carer forums. A parent carer forum is a group of parents and carers of disabled children. Their aim is to make sure the services in their area meet the needs of disabled children and their families. They do this by gathering the views of local families and then working in partnership with local authorities, education settings, health providers and other providers to highlight where local services, processes and commissioners are working well, or challenge when changes or improvements need to be made.	info@randcpcf.co.uk www.randcpcf.co.uk Facebook – Redcar and Cleveland Parent Carer Forum
SENDIAS Officer	The role of the SENDIASS Practitioner is to deliver a Special Educational Needs and Disabilities Information Advice and Support Service (SENDIASS) to the parents/carers and young people in the Redcar & Cleveland area. The SENDIASS Service is a free, confidential, impartial information, support and advice service for parents, carers, children and young people (up to 25 years) on issues related to Special Educational Needs and disability.	07939152653 Redcar-Cleveland SENDIASS@iammain.org.uk

Early Years SEND Team/Portage	<p>The Early Years SEND Team is an integral part of Early Help services and support young children with Special Educational Needs and Disabilities from birth to school age and their families. They help by providing support for the early identification of children with special needs giving advice to registered settings on suitable play equipment, support with curriculum activities to promote inclusive practice and supporting children attending Specialist provision.</p> <p>Additionally, their work includes offering Home Visits, Individual Teaching Programmes and Family Portage Groups. They also offer key working which helps parents become more actively involved in making decisions and helps to coordinate the services around the child.</p> <p>Support is based on the principle that parents/carers are the key figures in the care and development of their child. Portage aims to help parents/carers be confident in this role whatever the child's needs.</p> <p>The Early Years SEND Service is available to families who:</p> <ul style="list-style-type: none"> • Live within the borough of Redcar and Cleveland • Have a preschool child who has significant delay in more than one area of development or • A diagnosis which may predict such difficulties. <p>Parents/carers can refer themselves by contacting their local Family Hub and asking to be referred.</p>	<p>Jane Todd Early Years Area SENCO</p> <p>01642 770810</p> <p>Jane.todd@redcar-cleveland.gov.uk</p>
SEND Team	<p>The SEND team support school, parents and carers of children with Special Educational Needs to ensure that all are able to access the education they deserve according to their statutory rights.</p>	<p>SEN@redcar-cleveland.gov.uk</p>

<p>Young Carers Service</p>	<p>A young carer is a child or young person under the age of 18 carrying out significant caring tasks and assuming a level of responsibility for another person which would normally be taken by an adult. Young Adult Carers are young people whose caring role has started or developed up to the age of 25.</p> <p>The Junction in Middlesbrough and Redcar and Cleveland works to support, young carers, young adult carers and their families through:</p> <ul style="list-style-type: none"> • One to one support • Counselling • Group work and social activities to build skills, peer networks friendships, confidence and self-belief • Whole family support 	<p>Telephone 01642 756000</p> <p>Email info@thejunctionfoundation.com</p> <p>Facebook The Junction Foundation</p>
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