



"Individually we are one drop. Together we are an ocean"



Redcar and Cleveland's Short Breaks Statement January 2020

For Disabled Children, Young People and their Families



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Introduction

Redcar and Cleveland Borough Council has a legal duty to provide access to short break services for parent/carers of disabled children and young people living in Redcar and Cleveland. As part of this duty the Local Authority must produce a Short Breaks Service Statement. Our Statement details:

- The range of services on offer
- Eligibility criteria for accessing services
- How to access services
- How the range of services has been designed to meet the needs of local carers

The Statement will be continually reviewed and updated following any changes in provision or at least on an annual basis and will be available on our website www.redcar-cleveland.gov.uk and on our SEND Local Offer (see page 10 for details on how to access this).



What is a Short Break?

Short Breaks are available for disabled children and young people aged 0 - 25 years and are intended to have positive benefits for both children and young people and their parents and carers.

They provide opportunities for disabled children and young people:

- To spend time away from their parents/carers;
- The chance to develop new friendships;
- To develop their independence;
- To take part in new experiences and to have fun doing positive activities such as swimming, youth clubs, days trips with friends and much more.

Short Breaks aim to provide parents and carers with:

- A necessary and valuable break from their caring responsibilities;
- A chance to rest and unwind;
- To spend time with other members of the family.

Short break provision can range from a few hours a week to an allocated number of overnight breaks per year and anything in between.

What is Redcar and Cleveland's Offer?

Redcar and Cleveland's new Short Breaks offer commenced on 1st September 2019. Services are provided under the 3 categories; Universal Services, Self-Referral Clubs and Social Worker Referral Services.

Universal Services **0 – 25 years**

The majority of parent/carers are able to get a short break by using free or low cost local services that are open to all. These may include: soft play areas, trampoline parks, school clubs, stay and play sessions, leisure services or uniformed groups such as Scouts/Guides.

Service providers have a duty to make reasonable adjustments and must not treat a disabled person less favourably. Some offer sessions specifically for children and young people with additional needs. However, not all universal services will be suitable for everyone. It is advisable to contact the provider to discuss your child's needs and what they can offer.

For more information visit our SEND Local Offer Page (see page 10 for further details for how to access the Local Offer).

Self-Referral Clubs (see page 6) **5 – 17 years**

Our Self-referral clubs are regular clubs such as After School and Holiday Clubs and are specifically for children with disabilities. These clubs are funded by the Local Authority and are provided by our own staff and by specially selected organisations.

The clubs take place in and around the Borough providing children and young people with an opportunity to meet new people and try a wide range of activities such as Sports, Arts and Crafts, Swimming and Cooking. Some clubs will require families to make a small contribution to attend which will be used to fund activities and equipment.

Families can contact the groups direct without the need for a social care assessment or social worker referral.

Social Worker Referral Services (see page 8) **0 – 25 years**

Sometimes a child or young person may have more significant or complex needs due to their disability and/or family circumstances and will need more specialist support. The level of support needed will be identified by a Social Worker Assessment and may include a mixture of specialist provision such as a personal assistant, respite care or group provision. These services will be commissioned specifically for the child's needs or alternatively a family may choose to take a **Direct Payment** (see page 7 for more information) to arrange the services themselves.

Self-Referral Clubs

Our **Self-Referral Clubs** will be renewed every year. We do this because we want you and your child to be involved in the development of these services and we understand that families' needs may change and what we offer one year might not be what families want the following year. We will do this by creating and issuing an annual survey to families to capture this valuable information. The clubs will then be refreshed to reflect what families need.

Self-Referral Clubs are available for children and young people to access from their 5th birthday until their 18th birthday. Due to needing to undertake financial assessments for young people aged 18 and over, we are unable to provide Self-Referral Clubs for this age group. There is, however, access to group activities available to those in the 18 – 25 age group via a Social Worker Referral.

Transport

Transport is provided to and from Main's Holiday Club provision. For the remainder of groups, if transport is a genuine barrier to a family, Redcar and Cleveland Borough Council and the Provider will work together to help support an eligible family to access a club. Families should speak to a provider in the first instance who will then inform Redcar and Cleveland Borough Council, each case will then be assessed on an individual basis.

Self-Referral Services 1st September 2019 – 4th April 2020

Organisation	Type of Service	Age Range	Eligibility	Contact number
Daisy Chain	Holiday Club	12 – 17 years	Diagnosis or on the pathway to diagnosis For children and young people who require 1:3/1:4 staffing An assessment will be undertaken prior to attendance to confirm suitability	01642 531248
Main	After School and Holiday Clubs Holiday Club Transport is available	5 – 11 years and 12 - 17 years		01642 608012
Sport Works	After School and Holiday Clubs	5 – 11 years and 12 - 17 years		07377 531950
Join Us and Join Us +	After School	11 years +		01642 513696

Organisation	Type of Service	Age Range	Eligibility	Contact number
Play Scheme	Holiday Club	5 – 10 years and 11 - 17 years	<p>Diagnosis or on the pathway to diagnosis.</p> <p>For children and young people who require 1:1 – 1:4 staff</p> <p>An assessment will be undertaken prior to attendance to confirm suitability</p>	01642 513657

Social Worker Referral Services

The Local Authority will continue to add new **Social Worker Referral Services** to the Short Breaks Offer. Details of new services will be added to this Statement and to the Short Breaks information on our SEND Local Offer (see page 10 for how to access this information).

If you are interested in any of the current services, please discuss with your Social Worker.

Organisation	Type of Service	Age Range
Caremark	Domiciliary Care PA Support in the Community	0 – 25 years
Main	PA Support in the Community	5 – 25 years
Daisy Chain	After School and Holiday Groups – the Local Authority will purchase a place at one of Daisy Chain’s established groups 12 groups available	3 – 17 years
Main	After School and Holiday Groups – the Local Authority will purchase a place at one of Main’s established groups 15 groups available	5 – 25 years
Avalon	Shared lives – trained carers open their home to offer a placement to young people	16 – 25 years
Calvert Trust Keilder	Respite care with outdoor activities	18 – 25 years
Huntercombe House	Residential Care	6 – 18 years
Woodlands	Residential Care	9 – 19 years
Zoe’s Place Baby Hospice	Respite Care	Birth – 5 years

Direct Payments

If your Social Worker agrees, you may choose to have some or all of your care and support costs paid to you as a Direct Payment. This allows families to make decisions about the provision of care and support such as employing a personal assistant.

There are lots of advantages to employing someone to help with your care and support, but being an employer is a big responsibility and there are lots of things to consider.

'Our Guide to Employing a Personal Assistant' which is available on our website, provides more information on what being an employer means. It explains what families need to consider and what their responsibilities would be.

If you are interested in a Direct Payment please discuss with your Social Worker.

Eligibility for Social Worker Referral Services

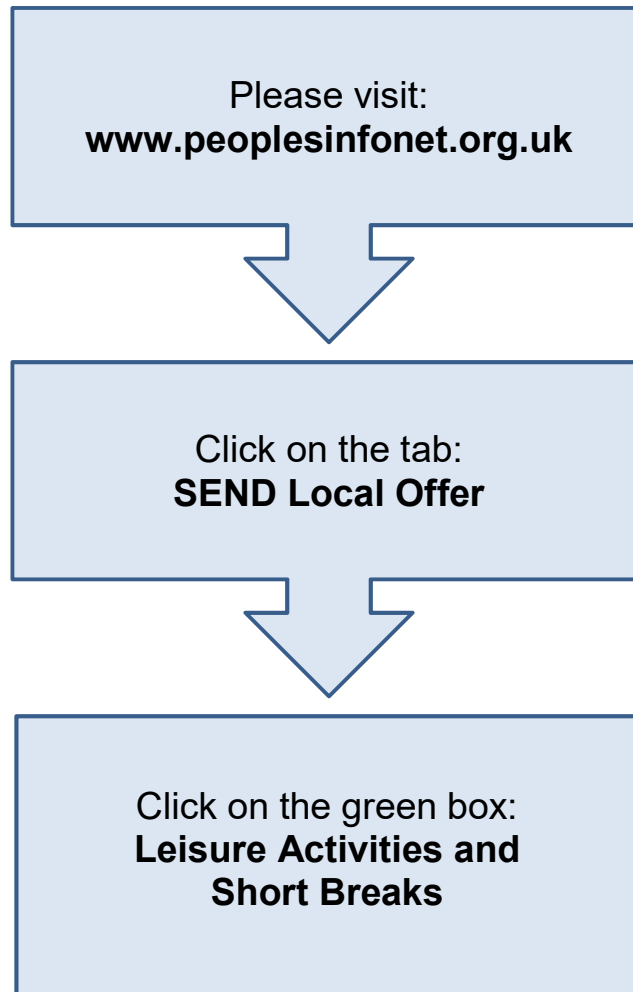
0 - 17 years	<p>A child and family social work assessment must be carried out for this level of support. The assessment will include a minimum of one home visit by an allocated social worker. Checks with other health and care professionals involved with the child/young person and their family will also be undertaken. Following the assessment, the social worker will work with the family to identify a package of care and support to meet their individual needs.</p> <p>All packages of support will be discussed and agreed by a Multi-Agency Panel.</p> <p>For children with complex health needs, services may also be available through the South Tees Clinical Commissioning Group. These services will follow a specialist health assessment, known as a Decision Support Tool (DST) which is not arranged by the council but can be discussed with a health professional and/or social worker involved with the family.</p>
18 – 25 years	<p>Eligibility is determined following an assessment of need under the Care Act 2014 completed by a Social Worker. If eligible for support, a financial assessment will be undertaken to determine the young person's ability to contribute to the service provision.</p>

If you do not have a social worker but feel you need more support, please ring:

If you are a parent/carer of someone aged	Contact number
0 – 17 years	Children's Hub on 01642 130700
18 – 25 years.	Single Point of Access 01642 065070

Where can I find more information?

More detailed information on each of the services is available on our SEND Local Offer:



Short Breaks Market Stall Event for Parents and Carers

The Local Authority held their first Short Breaks Market Stall Drop in Session for Parents and Carers on 14th November 2019. Following the success of the event the Local Authority are hoping to hold a Market Stall Event on an annual basis. Future events will be advertised in this Statement, on our SEND Local Offer and will be shared via Social Media.

“I found today very helpful, got lots of information on groups/sessions that my son can attend”

“This is my first time in reaching out for additional help, the day event has been not only informative but useful”

“There were some services/agencies I did not know existed so was very helpful”

How has the range of Short Breaks been developed to meet carers needs?

Our current Short Breaks offer has been developed in response to feedback from children, young people, families, providers and professionals.

In the past year, we have sought feedback by:

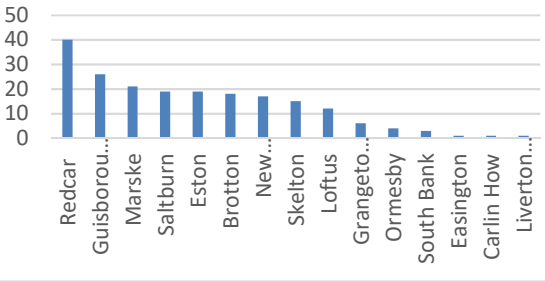
- Obtaining children and young people views from providers who deliver our Short Breaks sessions
- Obtaining feedback from children and young people via the family questionnaire
- Obtaining feedback from parents and carers via the family questionnaire
- Talking with parents and carers on the phone, via email and at meetings
- Held a Short Breaks Market Stall Event
- Working closely with the Parent and Carer Forum who have been involved in the commissioning of services and the development of the Short Breaks Offer
- Monitoring the demand for different services
- Meeting with current and potential providers of Short Breaks

The last annual consultation which was used to develop the current offer was undertaken in August 2018, 67 responses were received. A further consultation was undertaken in November 2019, 103 responses were received, this information will be used to develop the offer from April 2020 onwards.

An overview of the 2018 feedback received and how this shaped the current offer is outlined below:

What families told us; Self-Referral Clubs	What we did
79% of families were interested in attending group activities, with holiday clubs being the top short breaks service being requested by parent/carers and children and young people.	In 2019/2020 the LA allocated an additional financial resource to the self-referral club activities.

	<p>Families are still able to self-refer to these services without the need for a social worker referral or evidence of a diagnosis.</p> <p>In addition to the self-referral clubs, families can now also access group provision as part of their social care 'package of support'. The Social Worker Referral Groups offer groups for children and young people aged 3 – 25 years and for those with very complex needs including those who require 2:1 staffing.</p>										
<p>The top 10 activities requested by families were:</p> <table border="0" data-bbox="108 689 614 875"> <tr> <td>Swimming</td> <td>Trampolining</td> </tr> <tr> <td>Cooking</td> <td>Arts and Crafts</td> </tr> <tr> <td>Computers/Gaming</td> <td>Music</td> </tr> <tr> <td>Sensory Therapy</td> <td>Dancing</td> </tr> <tr> <td>Film Club</td> <td>Football</td> </tr> </table>	Swimming	Trampolining	Cooking	Arts and Crafts	Computers/Gaming	Music	Sensory Therapy	Dancing	Film Club	Football	<p>The current self-referral groups have been awarded to providers from 1st September 2019 – 4th April 2020. Providers who were interested in delivering these groups were provided with details of the top 20 activities requested by families and were asked to indicate which activities they could deliver.</p> <p>All of the top 10 activities are being offered as part of the self-referral groups as well as lots of other fun activities as requested by children and young people attending the groups.</p> <p>Going forward providers will be asked to provide quarterly reports to the LA confirming what activities have been undertaken</p>
Swimming	Trampolining										
Cooking	Arts and Crafts										
Computers/Gaming	Music										
Sensory Therapy	Dancing										
Film Club	Football										
<p>58% of families stated their child would be happy to attend medium sized groups with 5 – 15 attendees. 36% of families stated their child would be happy to attend a small group with under 5 attendees 6% of families stated their child would be happy to attend a large group with over 15 attendees</p>	<p>The size of the groups was previously set by what the providers could offer. Following the feedback from families most our groups now cater for a maximum of 15 children and young people.</p>										
<p>Families requested groups take place all around the borough:</p>	<p>During the planning process the LA wanted to ensure there was a good spread of groups across the borough and wanted to avoid services being delivered on the same day giving families more choice and better access.</p> <p>We now offer 10 after school clubs per week which are delivered in Saltburn, Redcar, Guisborough, Eston and Loftus.</p>										

<p style="text-align: center;">Which town would you prefer to access group activities</p>  <table border="1"> <caption>Data for 'Which town would you prefer to access group activities'</caption> <thead> <tr> <th>Town</th> <th>Number of Families</th> </tr> </thead> <tbody> <tr><td>Redcar</td><td>40</td></tr> <tr><td>Guisborou...</td><td>25</td></tr> <tr><td>Marske</td><td>20</td></tr> <tr><td>Saltburn</td><td>18</td></tr> <tr><td>Eston</td><td>18</td></tr> <tr><td>Brotton</td><td>18</td></tr> <tr><td>New...</td><td>15</td></tr> <tr><td>Skelton</td><td>12</td></tr> <tr><td>Loftus</td><td>10</td></tr> <tr><td>Grangeto...</td><td>5</td></tr> <tr><td>Ormesby</td><td>3</td></tr> <tr><td>South Bank</td><td>2</td></tr> <tr><td>Easington</td><td>1</td></tr> <tr><td>Carlin How</td><td>1</td></tr> <tr><td>Liverton...</td><td>1</td></tr> </tbody> </table>	Town	Number of Families	Redcar	40	Guisborou...	25	Marske	20	Saltburn	18	Eston	18	Brotton	18	New...	15	Skelton	12	Loftus	10	Grangeto...	5	Ormesby	3	South Bank	2	Easington	1	Carlin How	1	Liverton...	1	<p>We also offer 9 holiday clubs per week which are delivered in Eston, Guisborough, Stockton and Redcar.</p>
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<p>45% of families told us they needed transport to access group provision 35% of families told us transport is not needed but they may use if it was available 20% of families do not require transport</p> <p>79% of families stated they would be happy to contribute towards the cost of transport 16% of families stated they were unsure if they would be happy to contribute towards the cost of transport 5% of families stated they would not be willing to contribute towards the cost of transport</p>	<p>Transport can be an expensive resource and if this was put in place for all groups this would have a significant impact on the number of groups the Local Authority can offer to families.</p> <p>The Local Authority have worked hard to ensure there is a spread of provision around the borough giving more families access to services without the need for transport. In addition to this two of our holiday clubs do currently provide transport.</p> <p>For the remainder of the sessions, our providers are aware that if transport is a genuine barrier to a family accessing group provision, each case can be assessed on an individual basis and the Local Authority and provider will work together to ensure that eligible families can access at least one group per week.</p> <p>Going forward the LA and providers will be looking at ways that parents can help contribute towards transport costs.</p>																																
<p>Comment from a parent <i>“Who would see to medication whilst he was out?”</i></p>	<p>It is now a requirement that all Short Breaks providers are trained to level 3 in administering medication.</p> <p>If your child requires medication while attending sessions, please speak to the club leader about how this will be managed.</p>																																
<p>Comment from a parent <i>“Lack in services for 18 – 25 year age group”</i></p>	<p>Due to the financial assessments that need to take place for this age group, the LA are unable to provide funded self-referral clubs for 18 – 25 year olds.</p>																																

	<p>However, there are two 18-25 year old groups available with a social worker referral.</p> <p>Other suitable Adult Services groups may also be available and will be advertised on our SEND Local Offer.</p>
<p>Comment from a parent <i>“I would like more information on community services for her to attend”</i></p>	<p>Our full Short Breaks Offer is now available on our SEND Local Offer, see page 10 for how to access the website.</p>

What families told us: Social Worker Referral Services – Support in the home or in the community	What we did
<p>47% of families told us the support they were receiving was meeting their needs</p> <p>33% of families sometimes felt support was meeting their needs</p> <p>22% of families felt support was not meeting their needs</p>	<p>We are working hard to encourage new quality providers to join our framework.</p> <p>Providers interested in offering a Short Break must go through a procurement exercise and a number of quality checks including evidencing their last Ofsted or Care Quality Commission (CQC) inspection was graded ‘Good’ or above.</p> <p>The Local Authority will assess and add new providers to the offer every 3 months.</p>

What families told us: Social Worker Referral Services – Overnight Provision	What we did
<p>35% of families told us their overnight provision was meeting their needs</p> <p>10% of families told us their overnight provision was sometimes meeting their needs</p> <p>10% of families told us their overnight provision was not meeting their needs</p> <p>45% of families stated this question was not applicable</p>	<p>We are working hard to encourage new quality providers to join our framework.</p> <p>Providers interested in offering a Short Break must go through a procurement exercise and several quality checks including evidencing their last Ofsted or Care Quality Commission (CQC) inspection was graded ‘Good’ or above.</p> <p>The Local Authority will assess and add new providers to the offer every 3 months.</p>
<p>31% of families felt they have had enough overnight respite in the last 12 months</p> <p>69% of families felt they have not had enough overnight respite in the last 12 months</p>	<p>The Local Authority explored the option of opening its own Residential Home which would offer respite, however, after careful consideration it was deemed not to be financially viable.</p>




The Local Authority will continue to address the need for more overnight respite by recruiting more Respite Foster Carers and by encouraging new Residential Providers to join our Short Breaks Framework.



How can I feedback on Redcar and Cleveland's Short Breaks Offer?

The Local Authority welcomes all feedback on our Short Breaks Offer and our Statement, we need to know what we are doing well and what could be improved.

Feedback can be sent to us in several ways:

	<p>By completing an Annual Short Breaks Survey</p> <p>This year's electronic survey went live on Friday 8th November 2019 and is now closed for responses. The survey will be issued on an annual basis and will be shared via:</p> <ul style="list-style-type: none">• Schools• Short Breaks Providers• The Local Authorities Social Media• Was emailed directly to those families who are on the Disability Register• By the Parent/Carer Forum
	<p>By Email</p> <p>Please email your comments, compliments and concerns to:</p> <p>Childrens.commissioning@redcar-cleveland.gov.uk</p>
	<p>Talk to us</p> <p>Please feel free to share your feedback with:</p> <ul style="list-style-type: none">• Your Social Worker• Your Short Breaks Provider• By ringing our Family Information Service on 0800 073 8800.

Children and Young People Evaluation of Services



Organisations who deliver our Short Breaks will continually involve Children and Young People in the development of their service.

Children and Young People will have the opportunity to provide feedback on activities they have undertaken and will be involved in the planning of future activities.



Useful Contacts

Contact	Description	Contact Details
Children's Hub	The Multi Agency Children's Hub is the first point of contact for anyone who has a concern about the welfare or safety of a child or young person or thinks they may need extra help and support.	01642 130700 Between 8:30am – 5:00pm Monday – Thursday and 8:30am – 4:30pm Friday
Single Point of Access	The Single Point of Access is the first point of contact for anyone who has a concern about the welfare or safety of vulnerable person or thinks they may need extra help and support.	01642 065070
Parent/Carer Forum	<p>The way parent carers work with professionals is by forming groups called parent carer forums. A parent carer forum is a group of parents and carers of disabled children. Their aim is to make sure the services in their area meet the needs of disabled children and their families.</p> <p>They do this by gathering the views of local families and then working in partnership with local authorities, education settings, health providers and other providers to highlight where local services, processes and commissioners are working well, or challenge when changes or improvements need to be made.</p>	info@randcpcf.co.uk www.randcpcf.co.uk

<p>Family Information Service</p>	<p>The Families' Information Service (FIS) is a universal service; it provides a Freephone helpline to all families in Redcar and Cleveland looking for services for their children.</p> <p>As well as the helpline, the FIS team maintains the People's Information Network (PIN) this is a website providing information about activities and events available to families across the Borough including the Local Offer.</p>	<p>0800 073 8800</p>
<p>SENDIAS Officer</p>	<p>The role of the SENDIASS Practitioner is to deliver a Special Educational Needs and Disabilities Information Advice and Support Service (SENDIASS) to the parents/carers and young people in the Redcar & Cleveland area.</p> <p>The SENDIASS Service is a confidential, impartial information, support and advice service for parents, carers, children and young people (up to 25 years) on issues related to Special Educational Needs and disability.</p>	<p>07939152653</p> <p>Redcar-Cleveland SENDIASS@iammain.org.uk</p>
<p>Portage</p>	<p>Portage is a home visiting educational service for children with additional needs from birth to 3 years. The aim of Portage is to support the development of play, communication, relationships and full participation in day to day life within the family and beyond the wider community.</p>	<p>Tracy.waldegrave@redcar-cleveland.gov.uk</p>
<p>SEND Team</p>	<p>The SEND team support school, parents and carers of children with Special Educational Needs to ensure that all are able to access the education they deserve according to their statutory rights.</p>	<p>SEN@redcar-cleveland.gov.uk</p>

Statement Reviews/Updates

The Statement will be continually reviewed and updated following any changes in provision or at least on an annual basis.

Date	Author	Who contributed to this version?	Change Description	Approved/QA checked by	Document Review Date
January 2020	Children's Commissioning (BD)	Parent and Carers, Redcar and Cleveland's Parent/Carer Forum, Relevant LA Officers, Short Break Providers	New Statement Created	Deanne Taylor, Assistant Director Early Help	October 2020

This document is available in alternative formats and in different languages on request. If you need support or assistance to help you read and/or understand this document, please contact the Council on 01642 774774.